









## Northern Health Staff Incentives August 2020

The following offers are currently available to support Healthcare Workers with a range of discounts and dedicated shopping hours. To access these incentives please ensure you have your Northern Health ID badge with you.

	<p>Northern Health staff will receive a discount for one off purchases or subscriptions to Soxy Beast. Use the following codes on checkout:</p> <p>\$15.00 discount on 6 and 12 month sock subscriptions <b>SUBS4NH</b></p> <p>\$15% off purchases online store with code <b>SOCKS4NH</b></p> <p>Visit <a href="http://www.soxybeast.com.au">www.soxybeast.com.au</a></p>
	<p>Northern Health Employees will be offered a discount of 12% on dental services provided by New Age Dental. Offer excludes laboratory fees and major consumables. Learn more visit <a href="http://www.newagedental.com.au">www.newagedental.com.au</a> for more information about operating hours during COVID-19 stage 4 restrictions. Phone: 9467 6759 or 0448 007 606.</p>
	<p>Subway Epping Plaza - Receive 10% of all purchases when you show your Northern Health ID badge.</p>
	<p>Rock N Kebabs Epping snack pack with can of drink \$15.00. Must show ID badge upon purchase.</p>
	<p>Gloria Jean's Epping Plaza is offering 10% of all purchases on presentation of your ID Badge.</p>

If staff have any questions about the incentives available please contact NH Foundation on email [northernhealthfoundation@nh.org.au](mailto:northernhealthfoundation@nh.org.au).

	<p><b>Scrubs the Bear</b> – Available for \$20.00 at Henry’s Café, Degani Café at Broadmeadows Hospital and Café 123 at Bundoora Centre. Scrubs is also available at Quest Epping.</p>
	<p><b>Trader Restaurant</b> 20% discount for staff upon presentation of ID for takeaway only. Pre-order by calling 8457 4000. Refer following pages for Trader Menu.</p>
	<p>See page 3 for offer on new membership and discount vouchers.</p>

**Half-Price Servicing  
For Our Health Care Workers**



**SOUTH MORANG  HYUNDAI**

To take advantage of this offer call South Morang Hyundai for more information. Remember to identify yourself as a Northern Health staff member during booking process. Phone: 9007 0203  
<https://www.southmoranghyundai.com.au/aftersales/service/>

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Employees of  
Northern Health

**National  
Membership  
Programs**

# A special offer – just for you!



**Join Costco**  
as a new member and  
receive coupons for **free**  
**products** and other  
great savings, **valued**  
**at more than \$60.**

Costco Epping  
60 Deveny Rd, Epping 3076  
83593300 - [epping@costco.com.au](mailto:epping@costco.com.au)

#### Why join Costco?

- ✓ The highest quality products at the best possible price
- ✓ Reduce the operating costs of your business and personal grocery bills
- ✓ Shop for everliving from fresh foods and electronics to clothing and cleaning supplies, all in one store
- ✓ Our Double Satisfaction Guarantee: If you are not satisfied with a product or your membership at any time you are entitled to a full refund\*
- ✓ Discover the quality of our exclusive private label Kirkland Signature
- ✓ Enjoy access to our specialty departments:
  - Optical Centre
  - Tyre Centre
  - Hearing Aid
  - Fuel Stations

\*Please read our refund terms and conditions

**Ready to sign up?**

To join Costco as a new member, bring this flier, proof of employment and photo ID to your local Costco membership counter.

\*Free coupons with membership are valid only for nonmembers for their first year of membership. Limit one per household. Nontransferable and may not be combined with any other promotion. Subject to change without notice. Product selection may vary. You must apply in person. See the membership counter for details. A Costco membership is \$60 a year. Each membership includes one free Household Card. Departments and product selection may vary.

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**Mantra Epping Trader Restaurant Menu**

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### Local Produce

Spring is here so the new location of the Victorian Producers Markets and located within it is a megaproduct of fresh, seasonal and sustainable produce.

<b>All day breakfast</b> Available until 2pm	
<b>YOGHURT PANNACOTTA</b> house-made granola, seasonal berries + local honey <sup>ev</sup>	16
<b>AVOCADO SMASH</b> avocado, fresh tomato, rocket, olive oil + grilled sourdough <sup>ev</sup>	16
<b>BACON AND EGG ROLL</b> brochoe roll, bacon, fried egg, waffle fries + relish	14
<b>TRADER BREAKFAST</b> 2 fried eggs, bacon, tomato, chicken cuppaletas, hash brown, mushrooms + grilled sourdough	20

### Vegetables

Support your fresh fruit and vegetable comes from the Victorians Producers Markets and we maintain a strong relationship with the vendors and suppliers to ensure our guests benefit from local, delicious, local ingredients.

### SOMETHING LIGHT

<b>SMOKED HAM + SWISS CHEESE TOASTIE</b> tomato relish + mayo	12.9
<b>SHAVED PROSCIUTTO BAGUETTE</b> wild rocket, serrano dried tomato, bocconcini + balsamic	13.9
<b>GRILLED HALOUMI WRAP</b> slaw, pickles + aioli <sup>ev</sup>	13.9
<b>CHICKEN + BACON PANINI</b> mixed lettuce, Swiss cheese, tomato + aioli	14.9
<b>SEA SALT + BLACK PEPPER CALAMARI</b> + jalapeno mayo	19



### Our Chefs

Building for all corners of the globe, but connected by Melbourne and a passion for food, our chefs bring a wealth of knowledge, culinary diversity and diversity mostly seen in a modern restaurant kitchen. Head led by our Executive Chef, the team work harmoniously in our kitchen to deliver the quality dishes you see before you.

### CLASSICS

<b>250G GRASS-FED PORTERHOUSE</b> steaming fries, red wine jus + cross	34
<b>BEER-BATTERED FLATHEAD</b> steaming fries + jalapeno mayo	26
<b>ANGUS BEEF BURGER</b> lettuce, tomato, bacon, fried egg, cheese signature sauce + fries	24
<b>CRISPY CHICKEN BURGER</b> slaw, cheese, charred pineapple, jalapeno mayo + fries	24
<b>TRADER CLUB</b> warm chicken, bacon, fried egg, lettuce, tomato, mayo + fries	24

### Our meat

Our steaks are sourced exclusively from Australia's prime located in Longwood and processed locally under 255 'logframes' were the pioneer in RFFA approved free range poultry production in Australia.  
Our beef is raised in the renowned natural herding areas of Gippsland and Northern Tasmania. Great Southern Farms produce 100% natural, grass fed, free range, Angus and Hereford cattle.



<b>Choose your bowl</b>		9.9
Quinoa, celery + purple cabbage, carrot, capsicum, cashews + honey soy vinaigrette <sup>ev</sup>		
Warm pesto pasta salad, Spanish onion, spinach, parmesan + crisp bacon		
Kale, cos lettuce, Spanish onion, parmesan croutons + Trader Caesar dressing		
Shaved cabbage, cherry tomatoes, cucumber, crispy shallots + toasted sesame mayo <sup>ev</sup>		
Brown rice salad, spinach, roast sweet potato, feta, tzatziki + lemon <sup>ev</sup>		
<b>+ protein</b>	4.9	7.9
Seared salmon <sup>ev</sup>	reg	del
Grilled chicken breast		
Charred haloumi <sup>ev</sup>		
Crispy chicken schnitzel <sup>ev</sup>		
<b>+ extras</b>		
Smashed avocado	2.9	2.9
Spanish chorizo		
Poached egg	2.9	1.5
<b>DIY BOWLS</b>		

<sup>ev</sup> Vegetarian <sup>del</sup> Gluten Free <sup>reg</sup> Please inform us of any dietary or allergen requirements - All prices include GST

# TRADER

## Lunch Menu

Available 1130am - 2pm

We are all about celebrating the food, people and diversity that make this region amazing. Do you know of a great local producer? Has your neighbourhood been making a special sauce here in the area for years and would like to share her recipe with us? Let our friendly staff know so we can tell your story!

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