WHAT TO BRING TO HOSPITAL

There are a number of things you can bring to hospital to make your stay more pleasant and comfortable.

For safety and storage reasons, we ask that you only bring essential items with you.

Please limit your items to a small bag about the size of a carry on bag or to a maximum of 10 kg. Refer to the check list below:



COMFORTABLE CLOTHES AND SHOES

If you are staying overnight, bring along some comfortable clothing and sleepwear. Shoes/slippers should be comfortable, closed at the toe and with a firm gripping sole.

YOUR ID AND MEDICARE / Insurance card

Please bring your cards such as: Medicare card, Pension card, Healthcare card, Veteran Affairs card, Safety net pharmaceutical card, Hearing aid services card, TAC or Workcover documents.

PERSONAL ITEMS

Ensure you bring things you use every day like hearing aid, batteries, eye glasses, contact lenses, walking aid or dentures. A water bottle can be handy too, as well as a phone charger.

SOME CASH OR CARDS

Consider bringing a small amount of cash for your daily expenses. There is a cafe in our hospital and a small shop. Cards are also accepted at these premises.



Important: Please do not bring valuables or large amounts of money to the hospital. The hospital cannot take responsibility for the loss or damage to your money or property.

M E D I C A T I O N

Please bring a list of all medicines you take and list any recent changes to your medicines. These medicines will be reviewed by your treatment team and then given to hospital staff for safe keeping during your hospital stay.

TOILETRIES

It could be handy to bring your toothbrush, toothpaste, tissues, soap, shampoo, hand cream, and lip balm.

Northern Health

www.nh.org.au