

Northern Health: Specialized Cardiac Services

Adult Congenital Heart Disease and Heart Disease in Pregnancy

Adult Congenital Heart Disease

Congenital heart disease is a heart condition that patients are born with. Due to improved and successful surgeries in childhood, these children are growing into adulthood. Although many have already had previous repair, this population of patients require continuous clinical care because they may have residual anomalies, and/or develop late complications in adulthood, and/or women may wish to have a family, and become pregnant. As this is a very specialized area of Cardiology, it is important these patients are cared for in the appropriate clinic.

Congenital heart disease refers to conditions such as coarctation of the aorta, ASD/VSD, single ventricle, transposition of the great arteries and tetralogy of Fallot, and some of the procedures patients may have had are, Fontan, arterial switch repair, and Mustard/Senning repair.

Patients with either unrepaired or post-repair congenital heart conditions should have follow-up, and the Northern Hospital is pleased to offer care for these patients.

Heart Disease in Pregnancy

Women with heart disease may become pregnant, and will require specialist care during the pregnancy. Pregnancy may cause deterioration in heart function due to increased haemodynamics, therefore it is important to be followed up during this time. The Northern Hospital has a multidisciplinary team approach to the pregnant woman with a heart condition.

The team comprises Cardiology, Obstetrics, Anaesthetics and Medical Obstetrics. Having both the cardiology and maternity wards in the same campus means that there is a seamless flow between the 2 wards should the pregnant woman require services from both during the peripartum period.

Referrals:

Fax: All paper based referrals to Northern Health should be sent via fax: **8405 8405**

Clinic Contact: **8405 8554**

Internet: www.nh.org.au

