



Northern Health



April 2018

# Community Connect

Monthly Newsletter

[www.nh.org.au](http://www.nh.org.au)

## Outstanding health care for our community

Welcome to the April edition of Northern Health Community Connect, Northern Health's monthly community newsletter.

Keen readers will notice that there was no newsletter for March, moving forward the newsletter will be released at the beginning of each month.

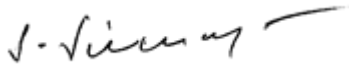
Summer is well and truly behind us as we progress into Autumn and the colder months. As winter approaches it is important that we prepare for the impact on the health of our community.

Last year saw one of the worst flu seasons on record with an influenza epidemic. The most important method in preventing influenza is an annual vaccination.



A vaccination may not always prevent the development of influenza in a person, but can help reduce duration, severity and further complications of the disease.

This year, Northern Health will be providing free vaccinations to members of the community at each of our campuses; Northern Hospital Epping, Broadmeadows Hospital, Bundoora and Craigieburn. Further information can be found below and on our website.



**Siva Sivarajah**  
Chief Executive  
Northern Health

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## Our patients at Northern Health in March

Number of Births	<b>325</b>
Emergency Attendances	<b>8,539</b>
Outpatients Appointments	<b>19,382</b>
Inpatient Admissions	<b>8,324</b>
Ambulance Arrivals	<b>2,375</b>
Emergency Procedures	<b>616</b>

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## What's happening at your local health service?

### White Ribbon Accreditation

In September 2016, Northern Health commenced our journey to achieve White Ribbon Accreditation. Northern Health is delighted to announce that, after a 15 month long journey, we have received White Ribbon Accreditation.

White Ribbon recognises workplaces that take active steps to stop violence against women and promote respectful relationships and gender equality within the workplace.

[Read More](#)



## Cultural Diversity Week

Northern Health recognises 19-23 March as Cultural Diversity Week.

We operate in one of Melbourne's most culturally and linguistically diverse population catchments and provided care for all patients regardless of culture or language.

There are 184 different countries and 106 different languages represented by our patients.

[Read More](#)

## 2018 Flu Vaccinations

Following last year's record breaking influenza season, this year Northern Health will be providing free influenza vaccinations for the community.

The most important method in preventing influenza and related complications is an annual vaccination.

Vaccinations will be available at all our campuses, with further information to follow.

[Read More](#)

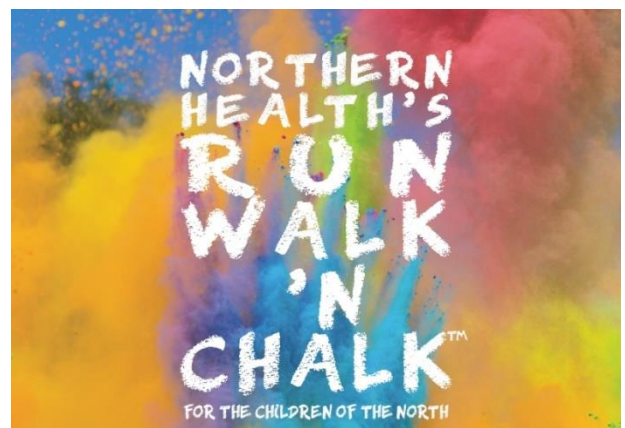
## 2018 Run Walk 'N Chalk

The much anticipated Northern Health Run Walk 'N Chalk event will be held on Sunday, 20 May 2018.

Promoting healthiness and happiness by bringing together the local community of all ages and abilities to participate in a 3km run or walk along Cooper Street.

The start and finishing line will be at the Northern Hospital Epping. Click below to register now.

[Register](#)



## Join us on social media



For more information or to provide feedback please contact [corporatecommunications@nh.org.au](mailto:corporatecommunications@nh.org.au)  
or call [\(03\) 8405 2888](tel:(03)84052888)

[Click here](#) to find out how you can support your local health service.

