

## 13 FROM THE CHAIR

## Message from the Chair

What a wonderful and busy year so far. I am extremely proud of the Northern Health Foundation and the many significant accomplishments we have achieved of late. Christmas time is fast approaching and the Northern Health Foundation team has an exciting final quarter to come.

We are thrilled to be rolling out our final signature events for the year, including our next Northern Health Corporate Breakfast, GenesisCare Victoria and Northern Health Foundation Race Day, Bev Carman's Oaks Day, Freemasons Victoria a night in New York and the Northern Health Annual Dinner. We would very much

love for you to be a part of these fantastic events that raise the much needed funds for Northern Health. We have included a calendar of events towards the back of this issue of Foundation News so you won't miss out on these key dates.

Since our last edition of Foundation News, we have launched our latest campaign for Day Oncology, and continue to roll out our Emergency Accommodation Relief Appeal. Settlement also took place on the Paul and Angela Wheelton house to make it easier on families from regional Victoria visiting their loved ones.

## Foundation News

We are now moving on to the second home purchase made possible by BankVic and followed later in the year with our third home thanks to Freemason's Victoria. Once a dream in a board meeting, Northern Health's Emergency Accommodation has become a reality and will continue to grow along with the north.

I would also like to take this opportunity to extend my sincere gratitude to our supporters; without you we would not have hit the following key milestones; our Research Dinner raising over \$90,000 for scholarships, the purchase of three Birthing Suites by the Freemasons Victoria Foundation, the purchase of our first Scalp Cooling Cap Machine valued at \$50,000 through our Day Oncology Campaign and \$50,000 towards the refurbishment of our Kath Atkinson Ward at Bundoora Extended Care Centre thanks to Northern Health Golf Day.

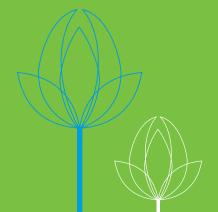
It's not just a challenging time in the north but an exciting time ahead for all to keep up with the incredible demand for our health service, as we continue to support Northern Health's vision of outstanding health care for our community.

Hulls har

John Molnar Foundation Chair

#### **CONTENTS**

- 02 Run Walk 'n Chalk
- **04** Research Dinner
- **05** Our Current Appeals
- **06** Encompass Church delivers care packages
- **06** Remembering Sue Cotchin
- **07** Josie Minniti Dinner Dance
- **08** Carlton Football Club kicking goals with the northern community
- **08** Community Spirit Counts
- **09** Northern Health Foundation Yoga Classes
- **09** Freemasons New York Night
- **10** Volunteers
- **12** Our Supporters
- **13** Events Calendar
- **14** Our Supporters
- 16 Our Wish List





## Community Events

### Run Walk 'n Chalk

On 21 May the Northern Health Foundation hosted the 2017 Northern Health Run Walk 'n Chalk. For the first time in 13 years, the event swapped competition with fun and chalk, for a more colourful day out with family and friends.

The day saw a record number of over 1000 participants come together as a community raising money for the sick kids of the north. Cooper Street was covered in three kilometres of rainbow chalk and laughter, finishing with food and kids activities in the Chalk 'n Chill Zone. Entertainment was provided by local 14 year old guitarist and vocalist Helena Riley and the St Monica's School Band was a big hit for those chilling out on the bean bags post mayhem.

None of this would have been possible without our fantastic sponsors including City of Whittlesea, Heritage Care, Plenty Valley Community Health and Melbourne Market Authority, along with event supporters F45 Epping and Bunnings Epping. We would also like to extend a special thank you to our record number of over 50 Northern Health Volunteers who donated their time, without them event would not have been so fun.



City of Whittlesea Mayor, Ricky Kirkham, gets the Run Walk 'n Chalk started.

































## Community Events

## Research Dinner

On Wednesday, 26 April, the annual Northern Health Research Dinner was held in the lavish surrounds of the Grand Hyatt Mayfair Ballroom and raised an impressive \$90,000 in support of scholarships at Northern Health.







The Northern Health Research Dinner is a signature event on the Northern Health Foundation calendar, raising vital funds to support research scholarships as we continue to pioneer new and innovative methods of education and training at Northern Health.

Kate Ceberano and MC favourite Tim Campbell entertained the crowd, with Simon McKeon providing a wealth of research knowledge as the keynote speaker.

Please save the date for next year's event on Wednesday, 13 June 2018 at the Grand Hyatt Savoy Ballroom. By attending and supporting this event you will have the unique opportunity to help a post graduate student complete ground breaking research which could help save lives.

Find out more by visiting www.nhfoundation.org.au or contact the Northern Health Foundation on 8405 2897.

## IT'S NOT A HOUSE, IT'S A HOME.

**BOB DYLAN** 

### **18 NOVEMBER 2017** SAVE THE DATE

NORTHERN HEALTH ANNUAL DINNER



Northern Health **Foundation** 





**FEATURING** ENTERTAINMENT BY THE BAKER BOYS WITH SURPRISE ACT TO BE ANNOUNCED!

Make a donation to help Northern Health build accommodation for ICU Families. To donate to this appeal please attend our Northern Health Annual Dinner on Saturday, 18 November at Casa D'Abruzzo.

































RAISING FUNDS FOR ICU FAMILY ACCOMODATION



## Encompass Church delivers care packages for Northern Health patients in need



Our lovely supporters from Encompass Church recently visited the Northern Hospital to deliver 40 toiletry packs to our Social Work team. The care packages were made with love for our patients who may be homeless, escaping family violence or experiencing financial hardship. Encompass Church volnteer, Scott, came up with the idea for the packs, sources and funded some of the products for the packs, then puts them all together. We are extremely grateful for the dedication of Encompass Church's Volunteers and very much look forward to their next visit.

### Remembering Sue Cotchin, Patron of Northern Health **Foundation**

It is with great sadness we say goodbye to Sue Cotchin, wife of Ivan Cotchin, who passed away on 18 April, 2017.

Sue's dedication, kindness and her community spirit was exemplified through volunteering at Northern Health over many years, making a difference for our patients, visitors and staff.



Sue had a 'can do attitude' and was always looking at ways to make things better for our patients, or as Sue would say; her community.

Sue spent her life in Epping and had many memories of the old houses and farms and she would share these with the volunteers, staff and patients.

Sue worked tirelessly when it came to fundraising and our patient's needs, through organising raffles, cake stalls, Bunnings BBQs, running the gift shop at Northern Hospital and going to the wards with newspapers. Sue thought of everything. Sue will be deeply missed and remembered by staff, volunteers and the Northern Health Community.

### Car Raffle

Introducing the latest piece of shiny new hospital equipment at Northern Health - Our Audi A1 Sportback.

A very special thanks to the Freemasons Victoria, Maxxia Australia and Audi. Tickets will be on sale in the main foyer of The Northern Hospital for the month of September at \$100 each. The raffle will be drawn at the 2017 Northern Health Annual Dinner on Saturday, 18 November.

Get in quick, tickets are selling fast! Contact northernhealthfoundation@nh.org.au or phone 03 8405 8816 to purchase your ticket today!











## Josie Minniti's Fun Group celebrates two decades of defying cancer with a record \$20,000 in funds raised

On Saturday, 17 June Northern Health Foundation Patron Josie Minniti OAM, and her Fun Group hosted their 20th Annual Fundraising Dinner Dance raising funds for Cancer Services for Northern Health. True to its name, every guest was up and about and on the dance floor by 9 pm!

It is an honour for Northern Health to be united with the Josie Minniti Fun Group, community fundraising events such as Josie's Dance enables us to purchase vital equipment for our patients, staff and their families.

This year not only celebrated two decades of Josie's Dinner

Dance, but also ten years of oncology services for our community, a huge milestone for a service that would not exist without the loyal community that supports it.

Oncology services at Northern Health began in 2007 thanks to Josie, among many others. Northern Health's oncology service currently has a team of 13 staff across two sites providing expert care for those affected by different forms of cancer.

Cancer has the potential to affect everyone, and we may have all lost a loved one to this dreadful disease, but together we continue to strive to make a difference. Josie's next Dinner Dance is already locked in the 2018 calendar taking place on Saturday, 23 June tickets on sale January 2018.



PICTURED LEFT TO RIGHT: Bronwyn Halfpenny MP, Mary Lalios Cr, Rino Minniti Fun Group Founder, Frances Barnett Head of Oncology Services, Ryan Brown Foundation Director, Josie Minniti Fun Group Founder, Patron of Northern Health OAM, Ricky Kirkham Mayor of Whittlesea, Peter McWilliam Northern Health Board, Bev Carman Patron of Northern Health and Joshua Mascara Public Affairs Manager.

## Carlton Football Club swaps kicking goals for smiles with our paediatric patients

The boys in blue popped in for a visit on Friday, 10 February, much to the delight of the Northern Health patients, staff and volunteers.



Ten players including, Patrick Cripps, Dale Thomas, Jarrod Pickett and Liam Jones, who took time off the field to spend visiting the Children's Ward and charming the staff.

"As part of the 2017 Australia Post AFL Community Camp, our visit to Northern Health was a great opportunity to help put a smile on some children's faces, and bring some joy to the hard working hospital staff," said Liam Jones.

In the past year we have had over 18,000 paediatric patients presented to the Northern Health Emergency Department, and we had over 3300 admissions to our Children's Ward. So to have the boys come in was a great way of brightening the day of some sick kids. A huge thank you to the boys and team at Carlton Football Club for their support of Northern Health and we cannot wait to have them back.

### Community Spirit Counts with Craigieburn Basketball Association and Epping Views Primary School

August was a fantastic month of visits for our patients and staff at Northern Health Day Oncology with two very special cheques donated by the Craigieburn Basketball Association and the Junior School Council Representatives of Epping Views Primary School.

The Craigieburn Basketball Association traded in their brown and green uniforms for a more vibrant colour uniform for their Cancer round donating \$10,000 with the Epping Views Junior School Council donating \$1400 from their Jeans for Genes Day.



It's inspirational to see that the students chose to support our Day Oncology Appeal all by themselves without being influences by their teachers. They really wanted to help a community that was a part of their own.

The Day Oncology team thanked these integral community members for their team spirit and support for Northern Health.







## Northern Health Foundation launches donation based Yoga Classes

As the autumn months grew colder the Northern Health Foundation launched beginner yoga classes for all Northern Health staff. The donation based payment model means participants can attend classes and donate an amount at their discretion, giving back to the Foundation.

Registered Yoga Teacher and Foundation Manager Laura Buck says, "the donation-based classes empower Northern Health staff to support a good cause and create a mindful approach to work. Classes consist of a light session of stretching and meditation, allowing participants to let go of daily stresses and refresh as they begin their day."

With the new addition to the Northern Health Wellness Program, at the end of the year the total funds raised will be announced at the final class for 2017 and funding allocation will be nominated by the students themselves. If you are a staff member at Northern Health and would like to join a class please contact the Foundation northernhealthfoundation@nh.org.au





Dress: New York Theme

EE OF ST. MARK
SE OF GOLDEN FLEECE
SE OF EVOLUTION
ORIAN NAVAL AND
FARY LODGE
Northern H

\$125 per head Includes a three course meal, beer, wine and soft drink.

For bookings visit: www.nhfoundation.org.au or call us on 8405 2897

RAISING FUNDS FOR ACCOMMODATION RELIEF

FOR FAMILIES AT NORTHERN HEALTH

Melrose Reception - Melrose Drive Tullamarine





## Celebrating Volunteer Week

Northern Health celebrated National Volunteers Week in May, an annual event to recognise our amazing volunteers and thank them for their wonderful contributions.

During our Volunteer Week event, volunteers were treated to a surprise acapella performance from the University of Melbourne's Trinity Tiger Tones and received certificates for years of service, with one volunteer celebrating 35 years of dedicated and passionate service.

Volunteers are an integral part of not only Northern Health, but also the Foundation team, helping fundraise and supporting events such as the Run Walk 'n Chalk and Annual Dinner.

In the last 12 months, over 350 volunteers provided an incredible 26,000 hours of service, which equates to approximately \$1.5 million of value brought to Northern Health.

Thank you to our dedicated Northern Health Volunteers!







## Northern Health's Award Winning Volunteers

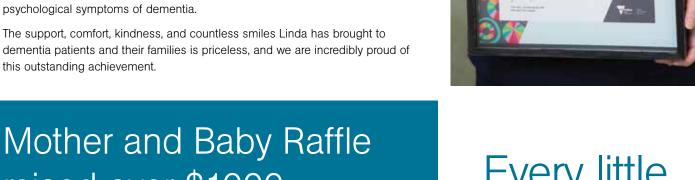
The 2017 Minister for Health Volunteer Awards were presented on 23 May 2017, highlighting and celebrating the significant contributions volunteers make to public health care in Victoria.

This year, Northern Health had three finalists for the Minister's volunteer awards; Linda, Mandy and Pam. Linda was nominated for 'Outstanding Achievement by a Volunteer Supporting Diversity', with Mandy in the category of 'Outstanding Achievement by a Volunteer Improving Public Health Care' and Pam for 'Outstanding Achievement by a Volunteer Improving the Patient Experience'.

Northern Health was delighted to share that our Volunteer Linda won the Minister for Health Volunteer Award for 'Outstanding Achievement by a Volunteer Supporting Diversity'.

Linda has volunteered at the Kath Atkinson Wing (KAW) of Northern Health's Bundoora campus for 11 years. KAW is a secure 15 bed ward providing comprehensive geriatric assessment to older patients with behavioural and psychological symptoms of dementia.

dementia patients and their families is priceless, and we are incredibly proud of this outstanding achievement.



## raised over \$1000



Our Volunteers hosted a Mother and Baby Raffle which was drawn this month with four very happy winners. Our Volunteers play a valuable role in not only helping patients and visitors feel welcome but put together many fundraising activities over the course of the year. The recent Mother and Baby raffle raised \$1032. If you would like to donate any raffle items to our Volunteer team please contact the engagement team via volunteer@nh.org.au.



Northern Health has many volunteer performing many different roles, from guiding visitors, to serving tea and coffee and visiting with patients.

Many of our volunteers also work behind the scenes, using their own skills and expertise to fundraise for Northern Health.

These groups include:

- Busy Fingers
- · The Knitting Guild
- · Cakes stalls
- · Raffle stalls

In the last financial year, these groups raised an astonishing almost \$8,000 for the Northern Health Foundation. This money has been used to purchase lifesaving equipment and fund groundbreaking research at Northern Health.

## Our Supporters

## Join the Australian Organ Donor Register to help people like Kim Kennedy

DonateLife Week ran from 30 July to 6 August and heartened our community to join the Australian Organ Donor Register as well as discussing their decision to donate with loved ones.

Over 1,400 people at one time are on a waiting list with only one organ and tissue donor transforming over 10 or more people's lives. Once being listed on this life saving register it leaves your family in no doubt of your decision to save lives as an organ and tissue donor.

Kim Kennedy of Mill Park recently received a kidney transplant that was three years in the making! Receiving this much needed kidney was a life changing experience not only for her, but for her family. Kim received her pre and post-transplant care at Northern Health and for three years spent over 12 hours a week with us which had an unimaginable impact on her

Receiving a kidney from an organ donor in June was a lifetime gift to Kim and her family. To celebrate Kim will host a Dinner Dance on Saturday, 9 December 2017 from 6:30 pm at Ferraro Receptions. The event will be the perfect way to celebrate your end of year with staff and family and an incredible cause with all proceeds going back to Dialysis Equipment at Northern Health. Book your tickets today by visiting www.nhfoundation.org.au and find out how you can too be an organ donor via www.donatelife.gov.au



Northern Health **Foundation** 









### **Events Calendar**

Freemasons Dinner Saturday, 7 October 2017

**Turi Trust Gala Ball**Saturday, 7 October 2017

ICU Steppers Grampians
Fundraising Walk
7-9 October 2017

**Trudi Hay's High Tea** Friday, 7 October 2017

**Bev Carman's Oaks Day** Thursday, 9 November 2017

Kim Kennedy's Dinner Dance Saturday, 9 December 2017

**Annual Dinner**Saturday, 18 November 2017

Business Networking Corporate Breakfast Thursday, 7 December 2017

For further information on Northern Health Foundation events please contact northernhealthfoundation@nh.org.au or call 8405 2897

# Create your own event and help the Northern Health Foundation

Our newsletters provide the opportunity to highlight and acknowledge community activities arranged to support the Foundation. We are extremely grateful for the assistance we receive, as it helps the Foundation reach our goal of supporting Northern Health to provide outstanding health care for our community.

With your involvement, we are able to purchase new equipment to give extra comfort to our patients, provide the latest in technology, improve services and provide training and scholarship opportunities for the next generation of health professionals.

We encourage the local community to support the Foundation by arranging an event. Events are a great way to bring people together, have fun and at the same time, raise important funds for Northern Health. Whether an individual, school, club, group or company, there are many ways you can become involved.

All donations, big or small, help us to improve the health of our local community.

If you would like a copy of our Fundraising Kit, or would like to discuss an idea further, please contact northernhealthfoundation@nh.org.au or call 8405 2897.



## Our Dedicated Supporters

INDIVIDUALS Monica Abdilla Adam Abel Suiith Abraham Frederick and Joan Adams Chris Adams **Faye Aforozis** Joumana Afram Zehra Aktas Theresa Alberico Kathryn Aldridge Djemaliye Ali Alan Alimpods Troy Allan Adil Alguryshe Asad Amin Rebecca Anderson Hazel Anderson Antoine Apostolou S Arachchige Drew Aras Angelo Arcuri Miss Julia L Arnold Jodie Ashworth Jeffrev Ashworth Sophie Assaad Simone Assaf Fayez Assaf Teona Avramovska Veysel Ayan Seruna Áyer Mario Azzopardi Huu Trieu Bach Gail Bailey Phillip Bain Namik Balkan **Rudolf Bangit** Nohad Barakat Tonia Barbante Janette Barnes **Edward Barraza** Belinda Barresi Roy Batchelor Sylvia Beer Alexandra Beicher Matthew Belevski Indah Benkovsky Hayriye Bilal Shirley Binion Kenneth Bird Suzanne Bistow Jacque Bitar Carlina Black Meriman Blacker P Boag Florence Boicos Verna Bonato Sarah-Jayne Borg Vicki Borg Debra Bourne Tammy Boxtel Christopher Bradford Kirsty Branagan Lois Branov Moira Brennan Karen Brewster Michael Brooks Peter Brooks Jan Broome Marianne Brown Peter Brown

Paul Brown

Jennifer Bruce

Davern Bryant

Katrina Burke

Peter Buck

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Guy D'Ambros

Nadia D'Andrea

Marco D'Angelo

Ngoc Dao

Michelle D'Angelo

Stephanie D'Andrea

Rocky & Julia Decata Christine Decker Giuseppina Del Borello Susanna Dempsey Jan Dennison<sup>°</sup> Mark Densley **Grace Deodato** Paris Depalma Pina Deriasi Pina Di Donato Michael Di Fiore Emma Dickens Gillian Dickman Tatuana Dimoska **Eva Dimtsis** Linda Dinakis Lindsay Dodd James Donald Elaine Doohan **Gad Dos Santos** Shan Douglas D'Arne Downie Carolyn Downing Pauline Dridan Ravneet Dua June Duckmanton Peter Duketis Susan Eade Jack Eckersall Paulette Elfakalami Charalambos Eliades Suzanne Elliott George Ellul Ryan Ereno Joyce Evans Kevin Fagan Richard Fairbanks Allison Farrelly Mandy Farrelly Patrick J Farrelly Anna Feeney Christopher Feil Vincenza Ferda Pamela Ferguson Nick Ferguson Trudi Fermaner Shama Fernand Shyama Fernando Prásanna Fernando Melanie Fielding Cathy Filev Benjamin Filipopoulos Anita Filomeno Terri Fiorenza Denis Fitzgibbon Peter Flanagan Lorraine Fletcher Angela Floris Henry Foley Alison Ford Santa Foresto Michelle Foster Karen Fostiropoulos Linda Fox Glenda Fraser Jack Frith Richard Frost Evelyn Fu Alessia Gaggeri Renee Gaitanis Sisirakumara Galaudage

Domenica Gallo

Alvin Garotti

Tamara Garrert

Sarah Garvin

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David Mangano

Tom Manilli

Antonio Mangano

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Tracey Tobin Mary Tomaino

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### **ORGANISATIONS**

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Silvia Zanon

Julia Zarucky

Lucas Zhang

Johannes Zwiers

1 Lucky Lotto Pty Ltd 3PL+ A G Coombs A Little Birdie Told Me Abbott Vascular ALH Group APM Group Australia Hotels Association Automotive Lease Packaging Bank of Melbourne BankVic Bayford Volkswagon Bertocchi Smallgoods Bev Carman Can Do Fun Group Bilby Shoes Broadmeadows Greek Women's Club Brunswick Masonic Lodge Bully Zero Caravans on Cooper Carmen Cosmetics
Casa D'Abruzzo Club Cititec Systems City of Whittlesea CMW Design & Constructors Cobalt Marketing Cockram Construction Core Projects Cylow Gifts Dalton Consulting Engineers Darley Australia Davies Bakery Degani Cafe **Dennis Family Corporation** Drums Hotel eBees Digital PTY LTD Encompass Church Epping Bunnings Warehouse Epping Plaza Hotel Epping RSL Estal Nominees **Excelsior Hotel** F45 Epping Facey Industrial/Commercial First State Super Flower Foundation Epping
Freemasons Foundation Victoria Ltd Fuji Xerox Fun Run & T-Shirts G & F Young Printing G&C Mutual Bank Gae DiBlasi Consulting Services Gandel Philanthropy Generation Healthcare **GFP Studios Groove Train** 

Healthcare Imaging Services Heritage Care ISS Facilities Services JJ Richards & Sons John S Molnar, Legal Services John T Reid Charitable Trust Johnson Matthey Johnstaff Josie Minniti Fun Group

Kane Construction
Kmart Campbellfield - Spare Change Coin Collection La Trobe University

Lalor Bowling Club Leigh Turner Entity Building Solutions LN Christie & Co Lawyers & Consultants Lower Plenty Hotel

Lucky Eights MAB Corporation Maxxia McMullin Properties Melbourne Market Authority

Melbourne Polytechnic
Melbourne Wholesale Fruit Vegetable & Flower Market

Mushroom Exchange New Age Caravans NORTH Link

North Western Breast Cancer Support Group Northern Breast Cancer Support Group Northern Breast Cancer Support Group Northern Health Fundraising Group - Epping

Olympic Hotel
Pacific Epping
Pantalica Cheese Company
Parklea Pty Ltd Perpetual Trustrees Company

Pickwick Print Solutions Piper Alderman Lawyers Plenty Valley Community Health Proactive Self Defence Quest Apartment Bundoora Rainbow Convenience Store Ray White

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Please return to: Northern Health Foundation 185 Cooper Street Epping VIC 3076 Phone (03) 8405 2897 Email: northernhealthfoundation@nh.org.au

## Our Wish List

The following equipment items have been requested by departments at Northern Health. Each item or project has been assessed and approved by the health service. We hope you can help grant one of these vital wishes.

### WISHI

#### Observation units -\$1,790 16 Needed



The need for observation monitors is essential to the daily work of the nurses on the medical wards. They allow nurses to take the blood pressure, temperature and respiratory rate of all patients. This is required on a four hourly basis.

### WISH 2



Air mattresses are important to use with immobile patients who are often elderly, need palliative care, or have fragile skin. These patients have a high risk of pressure injury either due to weight or the converse, due to extreme weight loss and bone pressure against the skin for long periods of time. Many patients are also admitted with pressure injuries already.

### WISH 3

Princess Chairs for patients <300 kg -\$6,495 2 Needed



Princess chairs are therapeutic chairs required for physically immobile patients to be able to be seated in a chair which will appropriately and safely support them, and enable them to be seated in a chair, without the risk of falling out. This chair caters for patients who have a weight of up to 300kg.

#### WISH 4

### Scalp Cooling machine - \$50,000 2 needed

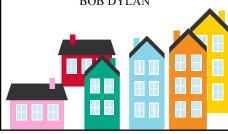
The use of scalp cooling is proven to be an effective way of combatting chemotherapy

induced hair loss and can result in a high level of retention or completely preserve the hair. For patients, this means the opportunity to regain some control, maintain their privacy and encourage a positive attitude towards treatment.

### 2017 NORTHERN HEALTH ANNUAL DINNER

## IT'S NOT A HOUSE, IT'S A HOME.

BOB DYLAN



## Northern Health **Foundation**



185 Cooper Street, Epping VIC 3076, Telephone (03) 8405 2897 northernhealthfoundation@nh.org.au www.nhfoundation.org.au

