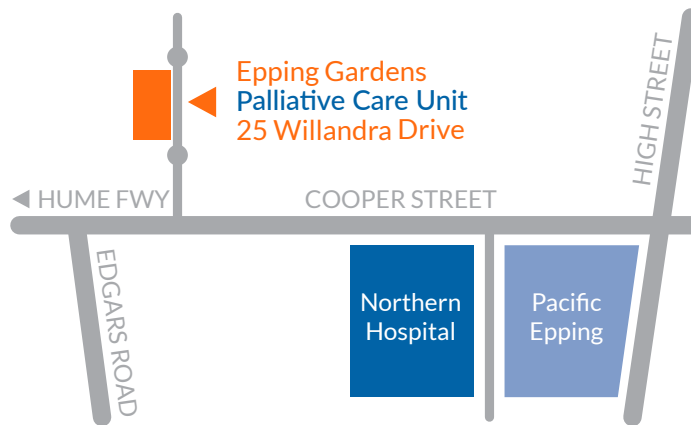




We work to prevent and relieve suffering, and aim to support patients and families to live as fully as possible.

All images except cover photo (Epping Gardens) courtesy of Dr. Catherine Brimblecombe (2019)

Northern Health



Palliative Care Unit

Merri Wing - Heritage Care Epping Gardens
25 Willandra Drive Epping Vic 3076

Palliative Care Unit Tel: (03) 9132 9432

Visiting hours: 11 am – 8 pm daily

Limited free parking onsite and in surrounding streets

nh.org.au/service/palliative-care



If you need an interpreter please speak to a staff member or call us via TIS on 131 450

Palliative Care Unit



Northern Health

Palliative care aims to support patients who are living with a condition that may shorten their life. We aim to maximise quality of life, prevent and relieve suffering, provide support and education for patients and families, and help people to live as fully as they can over the course of their illness. Palliative care neither hastens nor delays dying, and may be suitable for any patient experiencing difficulties related to a life-limiting illness, from early on in the condition, right through to the final days of life.

The **Northern Health Palliative Care Unit** is located a short distance from the Northern Hospital in Epping, within the Heritage Care Epping Gardens complex. The unit has 16 individual patient rooms, each with ensuite, and access to lounge areas, a kitchenette and courtyard. Facilities available to patients and visitors within the complex include a cafeteria, dining area, and quiet space.

At the Palliative Care Unit, our dedicated team is made up of Northern Health doctors, nurses, allied health and chaplaincy support staff. Our holistic approach includes an assessment of the needs of each patient and family. We aim to explore your goals and develop an individual approach to care.

This may include:

- Symptom assessment and management
- Talking about the diagnosis, treatment options and future care planning
- Planning for discharge and care outside the hospital, including arranging community services, equipment, carer training, and moving into residential care
- Care at the end of life
- Support for families and loved ones.



Courtyard space at Epping Gardens



Patient and family lounge in Palliative Care Unit

You are welcome to discuss any questions or concerns with a member of our team.